



Josee Madison

Heart Decoder™ | Speaker | Entrepreneur



"Josee challenges old ways of thinking and patterns of behavior while being compassionate at the same time." - SallyAnn, Ph.D, CCC-SLP



"Josee helped me find the truths in my heart and reach the pinnacle of a life I thought I was already living." - Phyllis M., MD

Popular Topics

Josee Madison is a shining example of love and career success. A late bloomer in the game of love who defied societal norms and found her life partner at the age of 45. Her journey is one of inspiration, having built a multi-six figure business while experiencing a flourishing love life simultaneously. She has served hundreds of clients as a wellness advocate, certified life and self-love coach, wellness retreats leader, Reiki master, and yoga teacher. Josee's story is a testament to the fact that you can have it all – a thriving career and a deeply fulfilling love life.

She's a dynamic motivational speaker, innovator, and entrepreneur, owner of the multi-award-winning wellness studio, Palmetto Yoga & Wellness Oasis. With a focus on self-love and balance, she empowers single women over forty to find love and excel in their careers. Josee's innovative approach, like her 5-Steps to Spiritually S.M.A.R.T.E.R.™ Path to Self-Love, revolutionizes self-care and work-life balance.

Her message is clear: to guide her audience towards the essential art of putting themselves first by connecting with their heart, fostering self-love, and harmonizing their thriving careers with love and personal fulfillment. With her compelling insights, Josee is your catalyst for personal growth and achieving the balance we all yearn for.

Audience:

85%
women

Ages:

35 & up

"Listening to Your Heart: The Art of Self-First"

In this captivating presentation, Josee explores the profound concept of putting yourself first by connecting with your heart and intuition. She delves into the power of self-love and the transformative impact of following your heart's guidance. Discover how embracing self-first can lead to a life filled with purpose, fulfillment, and authenticity.

"Wealth and Love After 40: A Thriving Balance"

Josee shares her insights and wisdom on how successful career women over 40 can not only attract the love of their life but also thrive in love and marriage. Through her inspiring journey, she offers practical advice on achieving the delicate balance between career success and a fulfilling romantic life. Uncover the secrets to finding love and happiness in your 40s and beyond.

"Mindset Makeover: Attracting Your Dream Life"

This transformative talk about changing your mindset to manifest the life you desire, whether it's in love or business. Discover how altering your perspective and beliefs can shape your reality. Josee's innovative strategies and actionable steps will help you shift your mindset and attract the abundance and success you've always dreamed of.

Client List:

[Palmetto Yoga & Wellness Oasis](#)
[Women's Empowerment Symposium, South Carolina](#)
[Absolute Total Care](#)
[Anamaya Resort, Costa Rica](#)
[Self-Love Lab Wellness Retreat](#)

Podcast guest:

[Dream to Rise](#)
[Fit for Joy](#)
[Higher Genius](#)



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